

Saraswat Education Society's
**SRIDORA CACULO COLLEGE OF COMMERCE
AND MANAGEMENT STUDIES**
Khorlim, Mapusa, GOA - 403 507.
(Accredited by NAAC with 'B' Grade)



SARASWAT

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COMPILED BY :
Dr. Shobha U. Karekar

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Sridora Caculo College of Commerce and
Management Studies, Khorlim,
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Saraswat Education Society's Sridora Caculo college of Commerce and Management Studies



Hands on Bootstrap workshop was organised by BCA Department



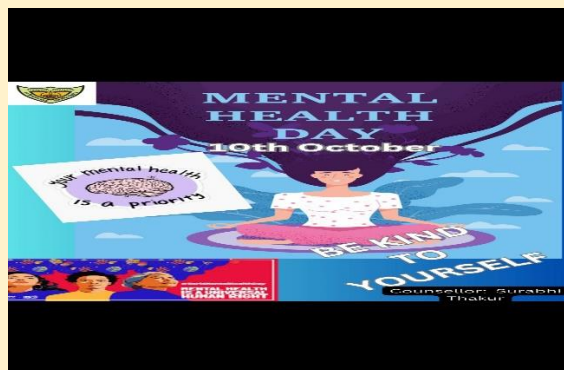
On occasion of mental health week, in collaboration with Gender sensitisation cell, college counselor Ms. Surabhi Thakur facilitated a Dance Movement Therapy session for SYBBA students.

World Mental Health Day 2023 is an opportunity for people and communities to unite behind the theme "Mental health is a universal human right" to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human right.

The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

Some key points to remember.

- *1* .Good mental health is an integral part of our overall health and well-being.
- *2* .Mental health is a universal human right.
- *3* .Mental health conditions are a significant threat to the wellbeing of young people.
- *4* .Good quality community mental health services and support are crucial for all our futures.
- *5* .We must challenge the stigma and discrimination surrounding mental health



Surabhi Thakur



BCA Department in association with IIC organised a Seminar on “ My story - Motivational session by a successful Entrepreneur”



Training, Internship, Placement and Career Guidance Cell of Sridora Caculo College, Mapusa in Collaboration with Ingenious Faces organized an Orientation for Students on Online Internship



Two days training programme for non-teaching staff was organised.



As a tribute to Late Dr. Jayesh Churi, SES's Sridora Caculo College of Commerce Khorlim and Rosary College of Commerce and Arts - Navelim. Organized Ghumat Naad 4.0, the Intercollegiate Ghumat Aarti Competition.



Mapusa city Run 3 was the third edition of the Mapusa city run organised in association with the Alumni association.



TY BBA students attended a talk on educational opportunities abroad which was given by Immigration consultant, Ms. Shwetal Machado.



BBA department organised a field trip to RASRAJ farms as a part of the course -The Environment Management.



An industry visit was organized for the FY BBA students to have first hand information about the dynamics associated with production and service units.

Achievements: Students



Rosary college of Commerce and Arts, Navelim, Goa, organised Management fest. Team Saraswat BBA won the overall championship.



3rd Tourism Student Conclave 2023, a collaborative effort between the Department of Management & Entrepreneurship of Dr. Ram Manohar Lohia Awadh University, Ayodhya, UP, India and DTORR.

Our student Mr. Dylan Dmello won the 3rd place in the 'Pitch your startup' event.

SES's Purushottom Walawalkar Higher Secondary School



The Gandhiji and Shastriji Jayanti celebration was organised by the Vocational stream.



A Self Defence Techniques Training programme for 285 girls students was organised.



Mast. Aman Kumar from XII Arts B and Mast. Anantha Krishna Baliga from XI Arts C have bagged first place in a quiz competition organised by Diogo Vaz Higher Secondary School Colvale, Bardez Goa.



PWHSS marked the World Mental Health Day in collaboration with the Guidance and Counseling Cell, as a part of the *Manodarpan* initiative.



students attended a workshop on Importance of Mental Health organised by 'The Strong Mapusa' in association with the State Institute of Health and Family Awareness, Mapusa at Health centre



PWHSS Welcomes MOGA and Performs the Torch Rally ahead of 36th National Games .



RUN FOR UNITY to celebrate the Birth Anniversary of Sardar Vallabhbhai Patel.



The Vocational Stream celebrated *Navami shastra Pooja* in Automobile Engineering Technology section' workshop.



The Arts Faculty Worships Jnana Saraswati



Saraswati Pooja was conducted by the teachers and the students of PWSSS.

Students' Achievements: Artist Miss Sachi Sawant Felicitated by Pernem Police for winning the beauty pageant event "Miss India Cosmic Universe Top Model.

Saraswat Vidyalaya's Primary School



Activities like dandiya,color diyas were organised on the occasion of Saraswati Poojan



Swachh Bharat Diwas was observed to spread the awareness about Swachhta in the school.



Rashtriya Poshan Maah observed to help the children learn about the importance of Nutrition and good health.



"Millet based Nutritional dish" COOKERY COMPETITION" for the parents of standard fourth students organized On the occasion of "Saraswati Poojan".Dishes were brought to school, which was judged on the basis of taste, nutritional value, presentation using only eco-friendly products, creativity and uniqueness of the dish. We were honoured to have the family members of Saraswat education society's Executive committee members, namely Mrs.Ranee Ramnath Burye, Mrs Seema Rupesh Kamat, Mrs Alpana Balkrishna Parulekar and Mrs Apurva Anup Prabhu Verlekar as judges. Mrs. Seema Kamat encouraged the parents for their participation. Later the judges were gracious enough to join the staff members for Dandiya and Garba.



Personal home visits by the Primary teachers to their students

EDITORIAL

This issue of **SARASWAT** is a humble attempt at filling the void that has been created by the absence of student-run newsletters in most colleges.

While this issue has largely been born out of the Library, we are open to submissions from all students, Teachers and well wishers.

We hope that subsequent issues will strike up numerous discussions and bring students of various departments closer.

Please email your articles, stories, poems, events, creative ideas, and advertisements to **newsletter@caculoccollege.ac.in**. We request you to restrict longer articles to 350-400 words. In case you have any comments or queries related to this issue, please email them to us. Hope to hear from you!
